**Session Two Protocol for Women**

**Session 2: Women- Friday Appointment**

Materials:

* Consent form
* Sign in Sheet
* Surveys (compliance check(#1), smell check(#2) and Demographic (#3))

Session Overview:

* Explanation + signing of consent form: 2-4 minutes
* Survey

Consent & Setup:

Hi. Thanks for coming for your second visit. First please put your name and date on this sign-in sheet here.

Give them sign-in sheet

Thank you! Now here is the consent form that we would like you to sign. Great! Now I’ll give you the consent form. Please look it over and let me know if you have any questions. Please sign one copy for us. We have extras if you want to take one home with you.

Receive signed consent form and answer any questions.

**Upload the Actiwatch data and double check the time and date with their written sleep survey data.**

Make sure their date and time recorded by the watch match up with self-recorded date and time.

Give them the surveys (compliance check, smell check and demographics) to fill out.

I know you received a lot of precautions to take considering the study. But it’s alright to have done something outside of the guidelines, you will get the HSP credit no matter what happened. We just need you to let us know so that we can account for it in our results! In order to ensure accuracy in our data collection, we ask you to fill out this survey. Please open the door when you are done filling out the survey.

Okay, let me just check this over to make sure I don’t have any questions!

**Clarify any concerns or questions with participant.**

**Thank them and send them on their way and give them HSP credit!**